**Application Form for Mentee Candidate   
for the IO PAN Mentoring Program**

Name and surname:…………………………………………………………………………….

Doctoral School in which the Candidate is pursuing their PhD:

…………………………………………………………………………………………………..

Year of doctoral studies:………………………………………………………………………..

Department and Laboratory at the Institute of Oceanology PAS where the Candidate is working on their PhD:

…………………………………………………………………………………………………...

Title of the doctoral thesis: ……………………………………………………………………………………………………………………………………………………………………………………………………

Supervisor(s) of the doctoral thesis:

…………………………………………………………………………………………………...

Is this your first time participating in the IO PAN Mentoring Program?: YES/NO\*

If you answered "NO", please indicate how many times you have participated in the Program:………………………

Sending this form to the email address mentoring@iopan.pl, administered by the Doctoral Student Government of IO PAN, is equivalent to expressing your willingness to participate in the IO PAN Mentoring Program and confirming that you have read and accept the Mentoring Program Rules available on the website of the Doctoral Self-Government of IO PAN.

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**Mentee Needs Survey**

Carefully completing this survey will help the Program Coordinator match the Mentor and Mentee in the best way. However, answering the following questions is voluntary. Failure to answer some questions will not disqualify the Candidate from participating in the IO PAN Mentoring Program but may limit the Coordinator’s knowledge, potentially affecting the mentoring process.

1. What are your main goals related to participation in the mentoring program? (e.g., developing soft skills, improving work organization, working on self-presentation/public speaking, networking, etc.)?

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2. In which areas of your work do you need support? (You may select more than one answer)

* Preparing scientific publications
* Self-presentation and public speaking
* Work organization, project management, and work-life balance
* Networking and building scientific relationships
* Securing grants and research funding
* Finding internships, training, and other development opportunities
* Other (please specify)………………………………………………………………

3. Identify the biggest challenges in your doctoral work. (You may select more than one answer)

* Defining the research problem
* Organizing and analyzing data, and sharing it
* Obtaining or lack of funds for research
* Project management
* Communication with the supervisor(s)
* Teamwork
* Preparing scientific publications
* Time management
* Other (please list)…………………………………………………………………

4. What specific outcomes or results would you like to achieve by the end of the program from your collaboration with a mentor?

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5. What obstacles do you think could hinder effective participation in the mentoring program (e.g., lack of time, lack of an appropriate mentor, etc.)?

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6. What form of meetings do you prefer:

* in person,
* online,
* hybrid.

7. Additional comments and suggestions:

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